FROM PRESENCE TO CITIZENSHIP
LEARNING EXCHANGE
2018
to a culture of inclusion

February 7 & 8, 2018
Holiday Inn - Toronto International Airport
970 Dixon Road, Toronto
Trillium Ballroom
### LEARNING EXCHANGE 2018 PROGRAM

**Wednesday, February 7**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>11:00 - 2:00 PM</td>
<td>Registration – to be held at the hotel lobby</td>
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<tr>
<td>12:00 - 1:30 PM</td>
<td>Buffet lunch</td>
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<tr>
<td>12:00 - 1:30 PM</td>
<td>Private lunch session with David Pitonyak (Participant to be announced)</td>
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<tr>
<td>1:30 - 1:45 PM</td>
<td>Welcome, introductions and opening remarks</td>
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| 1:45 - 3:00 PM | Opening speaker - Lynne Seagle  
  *Supporting People to Lead Lives They Choose and the Power of Participatory Management* |
| 3:00 - 3:30 PM | Break                                                               |
| 3:30 - 4:45 PM | Speaker - Peter Leidy  
  *Creating Momentum: New Ways to Build Relationships and Community* |
| 4:45 - 5:30 PM | Break                                                               |
| 5:30 - 6:30 PM | Networking Reception                                                |
| 6:30 - 8:00 PM | Buffet Dinner                                                       |
| 7:30 - 8:00 PM | David Pitonyak – After Dinner Reflections                            |
| 8:00 - 8:15 PM | Conference musical showcase - Peter Leidy                            |
| 8:15 - 10:30 PM | Evening musical showcase - Cale Crowe                                |

**Thursday, February 8, 2018**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:30 - 11:00 AM</td>
<td>Registration</td>
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<tr>
<td>7:30 - 8:30 AM</td>
<td>Buffet Breakfast</td>
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<tr>
<td>8:30 - 8:45 AM</td>
<td>Morning Introduction</td>
</tr>
<tr>
<td>8:45 - 10:15 AM</td>
<td>Group Panel: Learning Exchange Success Stories</td>
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<tr>
<td>10:15 - 10:30 AM</td>
<td>Break</td>
</tr>
</tbody>
</table>
| 10:30 - 12:00 PM | Speaker - David Pitonyak                                            
  *Mindfulness and Our Habitual Ways of Thinking*                     |
| 12:00 - 1:00 PM | Buffet Lunch                                                       |
| 1:00 - 2:30 PM | Speaker - Julie Malette                                             
  *Developing a Person-Centered Culture*                              |
| 2:30 - 2:45 PM | Break                                                              |
| 2:45 - 3:30 PM | Closing Remarks:  
  Christine Kuepfer – Director of Program Policy Implementation, MCSS  
  Chris Grayson – Executive Director, Community Living Upper Ottawa Valley |
| 3:30 - 3:45 PM | Closing Door Prizes                                                |

**All sessions and events to be held in the Trillium Ballroom.**
SESSION DESCRIPTIONS

**Opening Speaker - Lynne Seagle | Wednesday, 1:45 - 3:00 PM**  
Supporting People to Lead Lives They Choose and the Power of Participatory Management

This session will cover one organization's journey of closing all of its group homes and moving to a service where everyone is supported in their own home. Use of creative resources, fundraising events and becoming a vital part of the community will be covered along with the nuts and bolts of the change process. Lynne will explain how to create a management system that builds on person-centered approaches while at the same time holds the same level of efficiency and effectiveness found within successful corporations.

**Speaker - Peter Leidy | Wednesday, 3:30 - 4:45 PM**  
Creating Momentum: New Ways to Build Relationships and Community

One of the rules of improv comedy (yes, improv has rules...) is to accept every offer. To switch from “yes, but” to “yes, AND.” On stage, blocking your partner is not allowed, because it stops the story in its tracks and makes your partner look bad. In our workplaces, blocking is common. It doesn't have to be.

Improv builds new stories to align our actions with our values. It also provides a supportive environment that allows participants to take risks, try out new ideas, and build their confidence. This experiential session is about seeing and feeling the building of momentum and the seemingly endless possibilities for positive results.

Bringing the benefits of improv into our work is NOT about comedy. (Although it can be fun!)

Some take-a ways:
- Generating more creative ideas in less time
- Creating and sustaining momentum for better outcomes
- Deepening listening skills
- Increasing engagement and motivation of stakeholders
- Approaching change differently (whether required, desired, or both)
SESSION DESCRIPTIONS

Panel: Learning Exchange Success Stories | Thursday, 8:45 - 10:15 AM
Supporting People to Lead Lives They Choose and the Power of Participatory Management

Moderator: John Policicchio, Community Living Algoma
Panelists: Tony Rachwalski, Community Living Temiskaming South, Cathy Stroud, Community Living Huntsville, and Laura Hanley, Community Living Guelph Wellington

Speaker - David Pitonyak | Thursday, 10:30 - 12:00 PM
Mindfulness and Our Habitual Ways of Thinking Management

Keeping the wheel of momentum turning in a “right” direction will require us to do many things, including the ability to direct our attention to the here and now. We can get so wound up in our work that we can fail to see that the difference between being busy and getting important things done. This keynote examines the ways in which we sometimes get trapped in habitual ways of thinking that prevent us from paying attention to what really matters.

Speaker - Julie Malette | Thursday, 1:00 - 2:30 PM
Developing a Person-Centered Culture

Having a workforce that is responsive, innovative and customer focused is essential to organizational success. Being person-centred with staff and using person-centred organizational practices in job design, recruitment and selection, supervision and performance planning create a culture of person-centredness that leads to person-centred supports.

Embedded within the entire process from recruitment through to performance planning sits the one-page profile used as a recruitment and matching tool and then throughout an employee's life within the organization as a way to ensure that employees work within an environment where their manager and individual team members know what matters to them and how to support them well.

This session introduces two “roadmaps” with supporting tools, tips, techniques and templates that embed person-centred thinking and approaches into the process of job design, recruitment, supervision and performance planning. The resources meaningfully engage individuals and families in the process and ensure that managers can provide good person-centred support to their staff as well as people supported by their services.
DAVID PITONYAK, PhD

David Pitonyak is a world-renowned trainer and consultant who provides workshops and seminars on a variety of topics, including supporting people with difficult behaviors and supporting the needs of a person's friends, family, and caregivers.

David is interested in positive approaches to difficult behaviors. He believes that difficult behaviors are messages which can tell us important things about a person and his or her surroundings. Understanding the meaning of an individual's difficult behaviors is the first step in supporting the person (and the person's supporters) to change.

David has consulted with families and professionals throughout the United States, Canada, England, the Republic of Ireland, Northern Ireland, and the Netherlands. He lives in Blacksburg, Virginia with his wife Cyndi. They have two sons, Joe and Sam.

LYNNE SEAGLE, MD

Lynne began her career at Hope House Foundation in 1978 as Director of Residential Services, and has been their Executive Director for more than three decades. Prior to joining Hope House, she was a special education teacher. Throughout her college years, she worked as Direct Support Staff for the Arc of Tidewater, which later merged its services with Hope House.

Under Lynne's leadership, Hope House has become internationally known for its innovative, person-centered approach. One of her proudest accomplishments was guiding Hope House through its transition from group homes to supporting people in their own apartments in the early 90's.

In 1986, Lynne was honored as the Virginia Administrator of the Year by the Virginia Community Living Association (CLAMR), and also received an Innovation Award from the same organization. In 1990, she received the Leadership Award from the American Association on Intellectual Disabilities, and in 1998, she received the Joseph P. Kennedy Foundation's International Future Leader Award.

Lynne holds a Bachelor's Degree in Special Education and a Master's Degree in Public Administration and Educational Leadership, both from Old Dominion University.
SPEAKER PROFILES

PETER LEIDY

Peter Leidy has been learning from elders and people with disabilities since 1983. He is a speaker, consultant, facilitator, and improviser who focuses on personalized supports and community membership. He also writes and sings songs about human serviceland and those who find themselves connected to it.

Peter works with organizations, families, and paid supporters to:

• Promote positive support, inclusion and citizenship
• Improve teamwork and workplace morale
• Bring mindfulness into support relationships
• Rediscover the joy and meaning in our work, and,
• Think differently about people who are called “challenging”

Peter is also an associate with A Center for Conscious Care, based in Ontario, and works part time with the Council on Quality and Leadership.

He has worked throughout the U.S. as well as Canada, the UK, and Australia. Peter lives in Madison, WI. www.peterleidy.com

JULIE MALETTE

Julie is the CEO of Helen Sanderson Associates (HSA) Canada and the new Lead for HSA in the United States. HSA define themselves as catalysts for person-centred change and work with individuals and families as well as teams and organizations in learning, developing and supporting person-centred practices and delivering personalization.

Julie also recently served three-year term on the Board of Directors for the International Learning Community for Person-Centred Practices. She has worked in developmental services since 1990.

She focused her career on person-centred planning and facilitation as well as person-centred organizational practices since the late 1990's and has worked across Ontario, in Alberta, Manitoba, Saskatchewan and British Columbia and in the United States.

Her passion is to make a difference in people's lives is by introducing them to person-centred thinking and practices and helping support organizations deliver more personalized services.

Julie is a foodie and loves everything food related. She will gladly accept recommendations for good restaurants and swap recipes with anyone interested.
They call him a one-man band. A triumph.

Coming to the world from the hills of Alderville First Nation in Ontario, Canada, Cale Crowe was fueled by music since he could tie his shoes and has been taking audiences on a turbulent journey since he first picked up a guitar at 13. The songs that make up Stars & Promises, his debut EP, are portraits of a painful honesty veiled in fun rhythms and rich textures of sound. The collection was co-produced, mixed and mastered by charting Canadian Country musician Aiden McGill at his own Studio3A.

Cale himself describes the songs as different stages of his own life, each telling a different chapter of the same story.

Aside from the record, Cale’s unique performances using little more than an acoustic guitar and a few effects pedals have given him the opportunity to perform across central and southern Ontario alongside acts like Scott Helman, Gentlemen Husbands, Jimmy Bowskill, Sarah Mark, 2016 SOCAN Songwriting Prize Winners The Fast Romantics, and countless others.

When it began, Cale’s journey into music was an escape from the trials and tribulations of a socially awkward teenager. Now it’s a chance to connect with like-minded people worldwide and share his experiences through the power of an acoustic guitar and a loop station. Sometimes you have to stand as one in order to reach the many.