

**A big thank you to blood donors in Pembroke who came out to give blood at the Pembroke Germania Hall this week.**

Due to winter storms, many blood donor clinics have had to shut down and we needed donors in Pembroke to come out strong. I am pleased to report that we collected 159 units of blood from 192 donors. This is the most we have collected in this community in over a year and half. Blood plays a vital role in our health care system and many patients are counting on blood transfusions to assist them with a variety of medical issues.

A big thank you to our local volunteers at the Civitan Hall and to our partners in the area - Community Living Upper Ottawa Valley, CFB Petawawa, the Ministry of Natural Resources, the Ottawa Valley Waste Recovery Centre and the Pembroke Regional Hospital, for their on-going support in encouraging their employees to become blood donors.

Jennifer Heale  
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[www.blood.ca](http://www.blood.ca)